



Founded 2007

Contact: [enquiries@cairngormrunners.org](mailto:enquiries@cairngormrunners.org)

Affiliated to Jogscotland

Membership Secretary: Cath Harris

For Official use only:	
Membership No:	
Date of election:	
Accompanying Fee:	

All inclusive club catering for all running abilities and all ages above the SAF competition age of 16

Mr/Mrs/Ms/Miss/other:	First names:	Surname:
Full postal address:		
		Postcode:
Telephone No(s)	Home:	Work:
	Mobile:	E-mail:
Date of birth:	Age:	Place of birth:
COUNTRY:	COUNTY (if born in United Kingdom):	
If born overseas please give date of arrival in the United Kingdom:		and current nationality:
<b>PLEASE TICK AREAS OF SPECIAL INTEREST</b>		
Sprints	Middle distance	Long distance
Jogging	Jog/walking	Road Races
Marshalling	Coaching	Social
		Supporter
		Cross country
		Social running
		other
Signature of applicant:		Date:
Signature of parent or guardian if under 18 years:		Name:
I understand that it may be necessary for my son/daughter to compete at venues which require him/her to travel, and I therefore give my consent for Cairngorm Runners to make such travel arrangements as are necessary, and for him/her to compete at such venues.		
Proposer (to be signed by a Cairngorm Runner)		Printed name:
<b>PLEASE COMPLETE ONLY IF YOU INTEND TO COMPETE IN RUNNING RACES FOR THE CLUB</b>		
If you are joining as a second-claim member please give the name of your first-claim club:		
If you have previously been a member of another athletic club and resignation was in the last nine months a letter of clearance giving date of resignation must be attached to this application form. If resignation was more than nine months ago then give date of resignation and name and address of club secretary.		
Date of resignation:		Previous club name:
Name and address of Secretary:		

Application together with subscription to be sent to:-

The Membership Secretary, 35 Corbett Place, Aviemore, Inverness-shire, PH22 1NZ

Subscription rates (payable after 1-week free trial with application and thereafter in advance on April 1st each year):

All members £25, those wanting SAF membership in order to compete in races are required to pay an additional £12 (*Cairngorm Runners subsidise £10 of the £22 SAL membership fee*). Please note that each competitive athlete over the age of 16 needs to be registered annually with Scottish Athletics. This gives the athlete a licence to compete. We will pass this fee to Scottish Athletics on your behalf and arrange for your registration.

Cheques are payable to 'Cairngorm Runners' and receipts will be issued by the Treasurer for all payments made.