

The Nethy Explorer 12K Multi-Terrain

Sunday 17th July 2011

Entry Form

Under UK Athletics Rules - **scottishathletics** Permit Event

First name:

Last Name:

Sex (circle): Male Female

Age:

Address:

Post Code

Telephone:

Email:

Club:

Scottish Athletics Member (circle) YES NO

SAL MEMBERSHIP NUMBER:

Entry Fee £14 (SAL MEMBER) - £16 (NON SAL MEMBER)

I enclose a cheque of £ _____ (Payable to Cairngorm Runners)

Post form and payment to:

Alan Riach - The Old School, Tullochmoor, Nethybridge PH25 3EF

Enquiries to Alan: 01479 831105 or email bradanguides@btinternet.com

I understand the type of event I am entering and that the race includes rough forest tracks and quiet country roads that are used by others including motorists. I agree to abide by the safety regulations established by the race organisers. I hereby agree that the organisers shall not be liable for any accident, injury, loss or damage as a consequence of my participation in this event.

Signed:

Date: